



plunket
whānau āwhina



Activities for whānau at home

Six - ten year olds

Baking



Baking with children is a great experience, spend time together and share special moments that will be treasured forever. Baking is also a great tool to teach children, for example: Maths – measuring teaches them about fractions; while cutting the cake into slices, teaches them about dividing.

Other activities for older children

- Arrange a family movie day - choose a couple of favourite films, get some popcorn and put your feet up with the tamariki
- Have a look in your cupboards and play dress up with your old clothes. Sort through your clothes together and

recycle the ones that you never wear and the stuff your little one's grown out of.

- Encourage the children to put on a play or a magic show. They could even use the dress up clothes and props from around the house. If you have a camera, you can even film it, for great memories.
- Build a den with the children - if the weather is ok, you could even risk doing this outside! All you need is some boxes or sofa cushions, a few blankets, and a bit of imagination.
- Create a scrapbook together using photos from your family album or torn from magazines.
- Sunny days are great for simple activities like picnics and ball games. This can be done as close to home as in the back garden!
- Organise a treasure hunt around your home and garden with clues and treats for the children to find
- Hold your own mini Olympics with games that require little equipment... a sack race with pillowcases, a tug of war with a dressing gown belt! Use your imagination.
- If outside is dry, wrap up and go to the park or a nice walk somewhere quiet with the children with a flask of hot chocolate - sure to go down a treat!
- If you have a tent, you could arrange a camping trip in your garden with the children for one night!
- Kites are great if it is a windy day and they can be bought from bargain shops very cheaply
- Be creative - make things together like greeting cards or use beads to make some jewellery.



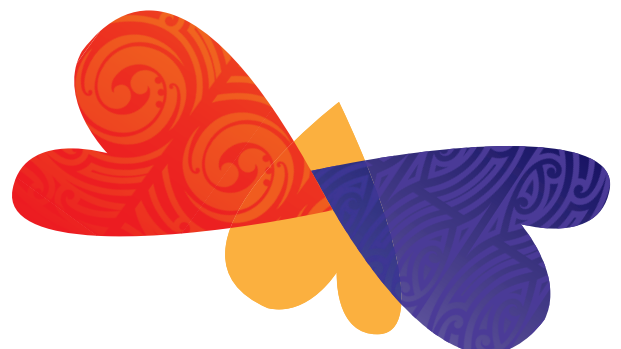
- Have an art and craft day and get some canvas and paints, they can be bought in bargain shops and use paints or crayons and the kids can hang up their creations in their rooms.
- Make a list of your favourite childhood games - old favourites such as hopscotch, putting on a show or marbles won't cost the earth and your children will enjoy you reminiscing!
- In the evenings get the children to design a game that you can make the next day - give them ideas to keep it simple such as a paper boat race in the paddling pool or homemade skittles using a tennis ball and empty bottles.
- Have you ever thought about Origami? All you need is paper and instructions which can be found online, will keeps children amused and they will learn a new skill
- Read to the children, let the children read to you, listen to pre-recorded books, write your own stories
- Do some yoga together inside or outside as a family
- Do some cross stitch, sewing, knitting or crocheting
- Have a paper plane competition – who's goes the furthest – measure the distance with a measuring tape
- Teach your kids how people used to tell the time before clocks and watches were invented. All you need is a compass to find out where north is and then put a stick in the ground and watch the shadow change position as the sun moves
- Make a wormery if you're feeling really green-fingered, then you can also try helping them collect worms for their own wormery. Just after it rains is the best time to hunt for worms. Once you've collected five or so then put

them in a large Tupperware box or old ice-cream tub with some soil. Make holes in the top so they can breathe. Then you'll be able to feed the worms food scraps, including eggshells and vegetable peelings. The worms will make great compost, which you'll be able to use in your garden

- Cracking out the games box is one of the best things to do with children and gets the whole family involved. Encourage your child's competitive streak and break out a fast-paced board game like Connect 4, Cranium or Scattergories. You'll be surprised how quickly they get into it.
- Play cards – memory, snap, last card, there are many card games that the whole whānau can play



- * Teach the children to make a map. You draw the squares on a large sheet of paper and see how easy they find it to draw the local neighbourhood. Get them to imagine they're a bird in the sky looking down. Not as easy as it sounds
- Make a Family Tree. How much do your kids know about their family? Do they know anything about your parents' parents? Not only is drawing family trees fun, but it also one of our favourite things to do with kids to teach them a bit about history. You may unearth some really interesting stories about your own family that you never knew.



30 Days of LEGO Play

Follow the instructions for each day. The only rule is to have fun and use your imagination!

Day 1 You were hired by an amusement park to create a new roller coaster.	Day 2 NASA needs you to build a new rocket.	Day 3 Your parents want to build a new home and they want you to build it.	Day 4 Hollywood hires you to build a movie set for a new Star Wars movie.
Day 5 You enter a contest to build the world's tallest tower. Will you win?	Day 6 You are stuck on Mars and need to build a new ship to get home.	Day 7 Ford hires you to create the toughest pick up truck in the world.	Day 8 You and 4 friends are stranded on an island. Build a boat to find a way home.
Day 9 Dr. Who hires you to build a new TARDIS.	Day 10 You are asked by the President to build a new monument to George Washington.	Day 11 Prince Charming hires you to build a castle for him & Cinderella.	Day 12 Do you wanna build a snowman? Get in the winter mood and build a snow scene.
Day 13 The city wants you to build a bridge to connect one side of the town to the other.	Day 14 Mr. Hilton hires you to build a new hotel.	Day 15 Help your fellow pioneers build a wagon to make it across the country.	Day 16 Build the fastest car around and join the big car race.
Day 17 You are elected ruler. Build a flag for your land.	Day 18 Aliens are invading and you need to build a war robot to defeat them.	Day 19 The fence is broke and the dog keeps escaping. Build one he can't get out of.	Day 20 The local bank keeps getting robbed. Build a safe no one can crack.
Day 21 You are hired to build a house entirely out of yellow Legos.	Day 22 There is blizzard. You will need to build a snowmobile	Day 23 You are now in medieval times. You are commissioned to build a jousting arena.	Day 24 Design and build your dream bedroom.
Day 25 The aliens have taken over. They are impressed by your robot. They want you build one for them.	Day 26 You are hired to build a house entirely out of yellow Legos.	Day 27 You are now in medieval times. You are commissioned to build a jousting arena.	Day 28 What was your favorite day?
Day 29 You are hired to build a house entirely out of yellow Legos.	Day 30 There is blizzard. You will need to build a snowmobile		

Acknowledgements

This list of activities has been put together using a number of sources. We would like to acknowledge the following sites that we have used as part of this list.

Flo.health

Today'sparent.com

Babyschooling.com

Under5s.co.nz

Momjunction.com

Lessons4learners.com

Imagination Tree

Scholastic.com

Chelsea.co.nz

Livewellplaytogether.com

Raisingchildren.net.au

SLFP.org.nz

Jugglingwithkids.com

Learning4kids.net

Handsonaswegrow.com

Goodtoknow.co.uk

Mykidstime.com

Pinterest



whānau āwhina
plunket